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Lead Poisoning in Whooper and Tundra Swans

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ABSTRACT: Six weak whooper swans (Cygnus cygnus) and two weak tundra swans (Cygnus columbianus) were found at Swamp Miyajima (Hokkaido, Japan) in May 1998. Anorexia, depression, green watery feces, pale conjunctiva, and anemia were observed. Radiographs showed from six to 38 suspected lead pellets in the gizzard. Blood lead concentrations were $2.5-6.7 \ \mu g/g \ (mean \pm SD = 4.6 \pm 1.14 \ \mu g/g) \ on$ day 1. After blood collection, the birds were treated with calcium disodium ethylenediaminetetraacetate (CaEDTA) given intravenously and force fed. Despite treatment, seven birds died the next day. Green, bile-stained livers and pale or green kidneys were observed on necropsy. Microscopically, bile pigment was widespread in the liver and acid-fast intranuclear inclusion bodies were observed in renal tubular epithelium. Lead concentrations in livers and kidneys were 14.0-30.4 µg/g and 30.2-122 μ g/g wet weight, respectively. Only one bird survived and this whooper swan continued to be treated with CaEDTA and activated charcoal. No lead shot was observed in the proventriculus and gizzard by radiography on day 64 and the blood lead concentration decreased from 2.9 µg/g to 0.09 µg/g during that same period. After 4 mo of rehabilitation, the whooper swan was returned to the wild. Lead intoxication continues to be a problem at Swamp Miyajima.

Key words: Cygnus columbianus, Cygnus cygnus, lead poisoning, lead shot, rehabilitation, Swamp Miyajima, tundra swan, whooper swan.

Lead poisoning in free-flying waterfowl in Japan has been reported for more than a decade (Honda et al., 1990; Ochiai et al., 1992, 1993, 1999). The first case of lead poisoning caused by ingestion of shotgun pellets by whooper swans (*Cygnus cygnus*) was reported at Swamp Miyajima (Hokkaido, Japan; 43°20'N, 141°43'E) in 1989 (Ochiai et al., 1992). Swamp Miyajima is a small, open, shallow freshwater swamp of 41 ha surrounded by rice paddies. The swamp is the northernmost concentration of greater white-fronted geese (*Anser albifrons*) in Japan. Every spring and autumn, as many as 40,000 white-fronted geese, 590 whooper swans, and 8,600 tundra swans (*Cygnus columbianus*) use the swamp. To prevent lead poisoning, the waterfowl hunt was voluntary controlled beginning in the autumn of 1989, gravel was applied, and the bottom of the lake was covered with a fine mesh net in 1989 and 1990.

On May 1998, eight weak swans remained at Swamp Miyajima after the spring migration. These swans were sent to the Rakuno Gakuen University Veterinary Teaching Hospital (Ebetsu, Hokkaido, Japan) for diagnosis and treatment. General weakness, inappetence, green watery feces, and pale conjunctiva were observed. Radiographs were taken and whole blood was collected from the medial metatarsal vein into heparinzed tubes for complete blood counts and determination of blood lead concentrations. Lead concentrations were determined by atomic absorption spectrophotometry.

Clinical and hematologic findings are shown in Table 1. Four swans were anemic and had poikilocytosis. Blood lead concentrations on day 1 after arrival were elevated and varied from 2.5 μ g/g to 6.7 μ g/g (mean \pm SD=4.6 \pm 1.14 μ g/g). Radiographs showed 6–38 suspected lead pellets in the gizzard. Dilation of the proventriculus was observed in six swans.

Swan no.	Species	Sex ^a	Body weight (kg)	Hematocrit (%)	Poiki- locytes ^b	Blood lead concentra- tion (µg/g)	No. lead pellets in proventri- culus and gizzard	Dilated proventri- culus ^b	Clinical result
1	Whooper	М	6.2	NE ^c	+	6.7	25	+	Died
2	Whooper	М	4.4	40	+	3.8	10	+	Died
3	Whooper	F	7.0	45	+	4.8	14	_	Died
4	Whooper	Unknown	5.8	28	+	2.9	6	_	Survived
5	Tundra	F	3.5	27	+	5.5	8	+	Died
6	Whooper	F	4.4	29	+	5.9	13	+	Died
7	Tundra	М	3.8	30	+	2.5	8	+	Died
8	Whooper	М	5.3	40	+	4.6	38	+	Died

TABLE 1. Clinical and hematologic findings in eight lead-poisoned swans.

 $^{a}M = male; F = female.$

b + = present; - = not observed.

^c NE = not examined.

Lead poisoning in these birds was diagnosed on the basis of anemia and poikilocytosis, the presence of suspected lead pellets in the gizzard as detected by radiography, and elevated blood lead concentrations. Treatments included intravenous injection of calcium disodium ethylenediaminetetraacetate (CaEDTA) into a medial metatarsal vein at 30 mg/kg body weight. Glucose solution (5%) was force fed (50 ml/kg body weight with vitamins). Swans were maintained in warm conditions, but seven of them died on day 2 after arrival.

Postmortem examination was conducted on the swans that died and lead shot was recovered from gizzard. The lead shot varied in size and were in different stages of dissolution. The proventriculus was dilated and contained water plants, mud, and pebbles. Gross findings included pale or green kidneys and green bile-stained livers. Liver and kidney were fixed in 10% buffered formalin and processed routinely for histology. Tissue sections were stained with hematoxylin and eosin and Ziehl-Neelson acid-fast stain. Microscopically there was widespread bile pigmentation in the liver. Acid-fast intranuclear inclusion bodies were observed in renal tubular epithelium (Fig. 1). Greatly elevated lead concentrations were found in the liver and kidney (Table 2).

The only surviving swan (swan 4) was treated with CaEDTA and activated charcoal (spherical carbonaceous absorbent; Kremezin, Kurehakagaha, Tokyo, Japan) orally at 600 mg twice daily by forced feeding. Fifty g of commercial ground chicken feed were mixed with 200 ml of commercial high-calorie liquid nutrient for dogs (CliniCare, Abbott, North Chicago, USA) and the mixture was administrated orally twice daily for 10 days. Forced feeding was stopped on day 11 but the bird was treated with CaEDTA and activated charcoal until day 64. The blood lead concentration decreased from day 1 until day 64 (Fig. 2). The swan recovered strength and appetite, and the feces changed from green and watery to normal as the blood lead concentration decreased. The six lead shot seen in this bird by radiography on day 1 gradually reduced in size, and no lead shot was observed in the gizzard by radiography on day 64.

We believed that the swan had recovered from lead poisoning by day 71; it was transferred for rehabilitation at the Maruyama Zoo (Sapporo, Hokkaido, Japan) on day 84. After 3 mo of rehabilitation, the whooper swan was released to the wild.

The blood lead levels found in these swans were markedly elevated (Dumonceaux and Harrison, 1994; Pain, 1996; Bauck and LaBonde, 1997) and liver lead



FIGURE 1. Eosinophilic intranuclear inclusion bodies, that were acid-fast, in the epithelium of the renal tubules (arrows). Hematoxylin and eosin stain.

levels from seven swans were within the range considered lethal in waterfowl (Pain, 1996), confirming lead intoxication.

We chose to administer CaEDTA to the lead-poisoned bird rather than conduct surgery to remove the lead pellets. Lead is effectively chelated by EDTA salts (Kowalczyk, 1984; LaBonde, 1991; Dumonceaux and Harrison, 1994; Bauck and LaBonde, 1997; Jenkins, 1997) and puts lead into a soluble form to allow for excretion. Activated charcoal was given orally to reduce the toxicity of long-term EDTA treatment and because it binds small lead particles and inhibits lead absorption. In

TABLE 2. Lead concentrations in the tissues of seven lead-poisoned swans.

Swan no.	Liver $(\mu g/g)$	Kidney (μ g/g)
1	30.4	110.0
2	17.2	30.2
3	14.0	33.7
5	16.3	37.5
6	16.8	122.0
7	22.7	34.6
8	16.8	31.2

the swan that survived, most of the ingested pellets had not been digested by the gizzard and the proventriculus was not dilated. We believe that treatment for lead intoxication in swans is most likely to be successful if blood lead levels are relatively low and no dilation of the proventriculus occurs. Thus, early detection and treatment of swans that have ingested lead pellets improves chances of survival. A few lead-poisoned birds have been found every year at Swamp Miyajima since 1998. The government of Japan has designated this



FIGURE 2. Changes in blood lead concentrations in a lead-poisoned whooping swan (swan 4) during treatment. The blood lead concentration decreased to $0.09 \ \mu g/g$ at day 64.

site a wetland under the Ramsar Convention in 2003. To prevent lead poisoning in waterfowl in Japan, we believe that use of lead shot should be prohibited.

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