Evaluating the sustainability of harvest among northern common eiders *Somateria mollissima borealis* in Greenland and Canada

Scott G. Gilliland, H. Grant Gilchrist, Robert F. Rockwell, Gregory J. Robertson, Jean-Pierre L. Savard, Flemming Merkel & Anders Mosbech

Sustainable harvest, the extraction of game without affecting population viability, is a desirable approach to the use of wildlife. However, overharvest has been responsible for the decline of many wildlife populations globally, so there is an urgent need to balance human requirements while avoiding the severe depletion of wild populations. Northern common eiders *Somateria mollissima borealis* are heavily hunted in Canada and Greenland, but the effect of this intensive harvest has not been examined. We developed a population model to investigate the sustainability of the reported harvest, which consisted of two wintering areas in Greenland and Atlantic Canada and three breeding populations. The model indicated that harvest in Atlantic Canada was sustainable, but a number of conditions could lead to slow declines. In contrast, the annual winter harvest of 55,000-70,000 eiders reported during 1993-2000 in Greenland was not sustainable, and this conclusion held under a wide range of alternate conditions. The model indicated that harvest during late winter may have a greater effect on populations than harvest in early winter. We further refined the model to assume that at some low population level the success of hunters would decline and that harvest became a function of population size (a rate). This scenario had the expected and undesirable result of stabilizing populations at very low levels. Overall, our model suggests that the high harvest reported in Greenland during 1993-2000 endangers the sustainable use of the northern common eider population and that management actions are required. Common eider harvest levels in Greenland should be reduced by at least 40% of the 1993-2000 levels to stop projected declines, and allow for recovery of the decimated Greenland breeding population. Encouragingly, new hunting regulations were introduced in Greenland in 2002-2004, and harvest levels appear to be decreasing. If these harvest reductions continue, our population model could be used to re-evaluate the status of populations in the two countries.

Key words: eastern Canada, Greenland, harvest, northern common eider, population model, *Somateria mollissima borealis*

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Throughout the world, wildlife is harvested for subsistence, recreation and income. Overexploitation has been identified as a contributing factor among nearly ¼ of the bird and mammal species that are threatened with extinction (Peres 2001, Rosser & Mainka 2002, Rao & McGowan 2002). To maintain global biodiversity, there is an urgent need to find ways to satisfy human requirements while avoiding the decimation of wild populations (Pimiset al. 1995, Johannes 1998). Arguably, the ability to balance human requirements for food while maintaining wildlife populations requires the development of practical and reliable models of sustainable wildlife harvest (Hilborn & Walters 1992, Fieberg & Ellner 2001). Simulation models of wildlife populations are useful tools to explore the relative importance of demographic parameters, and to help identify gaps in existing knowledge (Caswell 2001). Among exploited wildlife populations, demographic models also provide the opportunity to compare the effectiveness of alternative conservation approaches (Hilborn & Walters 1992, Fieberg & Ellner 2001).

The northern common eider Somateria mollissima borealis breeds in the eastern Canadian Arctic and west Greenland, and winters in large flocks along the coasts of southwest Greenland and Atlantic Canada (Goudie et al. 2000). It is an important component of subsistence harvests in Arctic Canada and west Greenland (Piniarneq 2003), and also the recreational harvest in southern wintering areas including Atlantic Canada (Reed & Erskine 1986), making it one of the most heavily hunted birds in the circumpolar arctic (Circumpolar Seabird Working Group 1997). Despite this, there has been a pervasive lack of available information to assess the population status of northern common eider populations. Among northern eiders breeding and wintering in west Greenland, declines have apparently occurred (Merkel 2004a), and harvest of adult birds and disturbance at breeding colonies are thought to be contributing factors (Boertmann et al. 1996). The effects of harvest on population dynamics of northern common eiders have never been assessed, although the magnitude of the Greenland harvest has recently generated international concern (Circumpolar Seabird Working Group 1997, Hansen 2002).

New information on the size, trend and geographic delineation of northern eider populations make it possible for the first time to assess the sustainability of reported harvest levels. We developed a population model to explore the relative importance of demographic parameters and harvest to population dynamics and predicted trends, and to identify gaps in existing knowledge. To account for migration flyways and different hunting scenarios in Greenland and Canada, we constructed projection matrices for three different breeding populations that winter in the two countries. Here, we describe how existing demographic data were integrated in the model and explore the effects of timing of harvest, density-dependent harvest and dispersal between subpopulations on model output. We evaluate the sustainability of reported harvest levels, assess how uncertainty in the model affects the assessment of the sustainability of the harvest, and discuss the management implications of model forecasts for both Canada and Greenland.

Methods

Population delineation
Northern common eiders were recently tracked using satellite telemetry, and two main wintering areas and three major migration flyways were identified (Mosbech et al. 2006). Eiders tracked from a breeding colony in west Greenland migrated south along the Greenland coast to winter exclusively in southwest Greenland, and all migrated north again in spring to breed in Greenland (Greenland flyway). Of the eiders tracked from a colony near Southampton Island, in northern Hudson Bay, Canada, some migrated through the Hudson Strait then south along the coasts of Labrador, Newfoundland and Québec, to winter in Atlantic Canada (Canadian Flyway). However, most crossed the Davis Strait to winter in southwest Greenland and returned in spring to breed in Greenland (Greenland flyway). Of the eiders tracked from a colony near Southampton Island, in northern Hudson Bay, Canada, some migrated through the Hudson Strait then south along the coasts of Labrador, Newfoundland and Québec, to winter in Atlantic Canada (Canadian Flyway). However, most crossed the Davis Strait to winter in southwest Greenland and returned in spring to breed in Canada, thus linking the two north-south flyways (Canadian-Greenland flyway). Of eight eiders marked in southwest Greenland in winter, seven also migrated west across Davis Strait in spring, apparently to breed in Canada (Mosbech et al. 2006). The importance of this east-west flyway was unknown and not considered in previous population assessments which assumed that all eiders breeding in Arctic Canada wintered in Atlantic Canada (Reed & Erskine 1986).

Model components
To account for different hunting scenarios in Greenland and Canada and the three flyways described above, the model treated these three populations separately (Fig. 1). Because age can influence vital

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rates of common eiders (Baillie & Milne 1982, Coulson 1984, Goudie et al. 2000), we used an age-structured projection matrix that included four age classes (McDonald & Caswell 1993, Caswell 2001). Only females were considered in the model. In addition, the model was constructed using a seasonal matrix approach that divided the annual population projection into a series of seasonal transitions corresponding to ecologically relevant periods (Schmutz et al. 1997, Cooch et al. 2003). Since eiders reproduce once per year and population counts are generally obtained in late winter, we started by building a projection matrix configured for a population census during the pre-breeding season. The first transition allowed for the production of young (Ma in Table 1 and Figure 2, where 'a' is age class), and removed females killed by natural breeding season mortality (Sa in Table 1 and Figure 2). The second transition removed females killed by natural fall mortality first (Sa), and then removed females killed in the fall harvest (Haf). Similarly, the third projection removed females dying from natural winter mortality (Swa) and then removed females killed in the late-winter harvest (Haw). A simplified general time line of these annual events is provided in Figure 3.

Model parameter estimates
When possible, vital rates were based upon existing field data specific to the northern common eider. For the rates for which no data existed, we extracted values from the published literature on other subspecies of common eiders. There are no estimates of breeding propensity for northern common eiders, or how this may vary annually (see Coulson 1984). Therefore, we used age-specific breeding propensity values reported for common eiders S. m. mollissima breeding in Scotland (Baillie & Milne 1982), and assumed that all females bred by the age of 4.

Figure 1. Population structure for northern common eiders showing linkages among the subpopulations. Eiders that breed and winter in eastern North America are represented by open circles, while eiders that breed in eastern North America and winter in Greenland are represented by closed circles, and eiders that breed and winter in Greenland are represented by hatched circles. The arrows represent population connections, with the arrow showing a connection between the two breeding populations in Canada representing the possibility of changing wintering grounds through juvenile dispersal.

Table 1. Age-specific vital rates used in the model to simulate northern common eider populations.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Age class</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breeding propensity (bp_a)</td>
<td>0</td>
<td>Baillie &amp; Milne 1982</td>
</tr>
<tr>
<td>Nest success (ns_a)</td>
<td>0</td>
<td>Nyegaard 2004, H.G. Gilchrist unpubl. data</td>
</tr>
<tr>
<td>Hatch success (hs_a)</td>
<td>0</td>
<td>Nyegaard 2004, H.G. Gilchrist unpubl. data</td>
</tr>
<tr>
<td>Duckling survival (ds_a)</td>
<td>0</td>
<td>Swennen 1991</td>
</tr>
<tr>
<td>Relative vulnerability to hunting</td>
<td>3.5</td>
<td>Joensen 1974, Frich &amp; Falk 1997, Gilliland &amp; Robertson in press</td>
</tr>
<tr>
<td>Summer survival (Ssa)</td>
<td>0.92</td>
<td>-</td>
</tr>
<tr>
<td>Fall survival (Sfa)</td>
<td>0.866</td>
<td>0.985</td>
</tr>
<tr>
<td>Winter survival (Swa)</td>
<td>0.866</td>
<td>0.985</td>
</tr>
<tr>
<td>Annual survival*</td>
<td>0.5</td>
<td>0.95</td>
</tr>
</tbody>
</table>

* Annual survival of non-hunted common eider population, survival post-fledging for first-year birds.

Overall fecundity: \( M_a = \text{bp}_a * \text{cs}_a * \text{ns}_a * \text{hs}_a * \text{ds}_a \).
Reproductive variables including clutch size ($c_s$), nest success ($n_{sa}$) and hatch success ($h_{sa}$) were based on published results and ongoing field studies of northern common eiders (see Table 1), whereas duckling survival ($d_{sa}$) and post-fledging survival ($S_{s1}$) were based on $S$. $m$. $mollissima$ (Swennen 1991), as no data were available for northern common eiders. We partitioned the annual cycle into three equal 4-month long periods called summer (or breeding), fall and winter (or early and late non-breeding), and partitioned annual survival rates among these three periods for each age class. In the absence of harvest or periodic catastrophic events, we set annual adult survival rates near the maximum reported for common eiders (~95%; Swennen 1991). Common eider females occasionally fall victim to predators while nesting, so survival for the breeding period was set slightly lower than for the two non-breeding periods for breeding-age females, whereas summer survival was set higher in 2-year old
land itself may contribute only 30,000 of the adult Greenland is unknown (Lyngs 2003). Thus, Green-

area of the relatively few eiders breeding in southeast Greenland winter in Iceland, whereas the wintering 2001, Merkel 2002). Eiders breeding in northeast Greenland winter in Iceland, whereas the wintering 15,000 pairs (Frich et al. 1998, Christensen & Falk 2001, Merkel 2004b).

Population estimates
Starting population sizes for the model were based on estimates of the number of northern eiders wintering in southwest Greenland and Atlantic Canada. The number of females wintering in Greenland (231,500) was half the number of wintering eiders surveyed in 1999 (463,000 birds, 95% CI: 342,000-627,000; Merkel et al. 2002, Boertmann et al. 2004). Limited ground surveys during the past 25 years produced a minimum estimate of 10,000 breeding pairs of common eiders in west Greenland (Boertmann et al. 1996), although more extensive surveys in 1997-2001 suggest a breeding population of 15,000 pairs (Frich et al. 1998, Christensen & Falk 2001, Merkel 2002). Eiders breeding in northeast Greenland winter in Iceland, whereas the wintering area of the relatively few eiders breeding in southeast Greenland is unknown (Lyngs 2003). Thus, Greenland itself may contribute only 30,000 of the adult eiders wintering in southwest Greenland, of which 15,000 were females (Table 2).

Canadian overwinter estimates were based on aerial surveys conducted in 2003 using methods developed by Bordage et al. (1998), which estimated that 203,922 (±15,478 SE) eiders wintered in the Gulf of St. Lawrence, Québec, and along coasts of Newfoundland. In the Gulf of St. Lawrence, Québec, all wintering common eiders are thought to be of the northern subspecies (J-P.L. Savard, unpubl. data), while 87% in northern, and 39% in southern Newfoundland are northern common eiders (the remainder are of the American race, S. m. dresseri; Gilliland & Robertson in press). Half of the wintering populations in both Newfoundland and Québec are female (Gilliland & Robertson in press). Using these values, we estimated that 93,500 northern common eider females wintered in Atlantic Canada in 2003.

Because the number of female eiders breeding in northern Canada is unknown, we calculated this value based on the other estimates. There are 15,000 females breeding in Greenland (age class ≥3; Merkel 2002), and adding another 23.5% for the younger age classes, we calculated that 19,600 females wintering in Greenland are Greenlandic breeding stock. Thus, the remaining 211,900 (231,500-19,600) female eiders wintering in Greenland were assumed to originate from Canada. When combined with all females estimated to winter in Newfoundland and Québec (93,500) the estimate for northern common eiders breeding in Canada is 305,400 females.

Harvest
Mean harvest estimates in Greenland (Haf and Haw; see Table 2), were based upon eight years of data from surveys of hunters (1993-2000; Piniarneq 2003). However, female eiders are rarely identified

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Definition</th>
<th>Value</th>
<th>Years of data collection</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Newc</td>
<td>Number of Canadian females wintering in Canada</td>
<td>93,500</td>
<td>2003</td>
<td>Canadian Wildlife Service</td>
</tr>
<tr>
<td>Newg</td>
<td>Number of Canadian females wintering in Greenland</td>
<td>21,190</td>
<td>1999</td>
<td>Mosbech &amp; Johnson 1999, Merkel et al. 2002</td>
</tr>
<tr>
<td>Hew</td>
<td>Canadian winter harvest of females</td>
<td>6,500</td>
<td>1996-2001</td>
<td>Canadian National Harvest Survey</td>
</tr>
<tr>
<td>Hcs</td>
<td>Canadian summer harvest of females</td>
<td>1,200</td>
<td>1999-2001</td>
<td>Nunavut Harvest Study Final Report</td>
</tr>
<tr>
<td>Pfc</td>
<td>Proportion of Canadian harvest occurring in fall</td>
<td>0.51</td>
<td>1997-1999</td>
<td>B. Collins &amp; H. Levesque, unpubl. data</td>
</tr>
<tr>
<td>Plg</td>
<td>Proportion of Greenlandic harvest occurring in fall</td>
<td>0.41</td>
<td>2000, 2001</td>
<td>Merkel 2004b</td>
</tr>
</tbody>
</table>
to species by hunters so that both female common and king eiders *Somateria spectabilis* are reported as common eiders. To address this, we applied a correction factor developed by examining eiders at the community market in Nuuk, Greenland, in the winters of 1988/89, 1995/96 (Frich & Falk 1997) and 2000/01 (Merkel 2004b). The mean corrected harvest of common eiders was estimated at 60,500 annually in west Greenland of which about 50% were females (Frich & Falk 1997, Merkel 2004b).

Canadian sport harvest was estimated from both the National Waterfowl Harvest Survey and a targeted Sea Duck Harvest Survey (B. Collins & H. Lévesque, Canadian Wildlife Service, unpubl. data). Harvest estimates for Newfoundland and Québec for 1996-2001 were corrected for unreported late season harvest and the proportion of northern eiders in the harvest (75% in Newfoundland; Gilliland & Robertson in press, and 20% in Québec; J-P.L. Savard, unpubl. data). This calculation yielded an average of 13,000 northern eiders harvested annually. Equal numbers of females and males are harvested in Newfoundland (Gilliland & Robertson in press), yielding a final estimate of 6,500 northern eider females killed annually in Atlantic Canada (see Table 2). We estimated subsistence harvest of female eiders in Nunavut, Canada, as half of the mean harvest reported for the years 1999-2001 (i.e. 1,200 females; Nunavut Wildlife Harvest Study, unpubl. data). We also assumed that only breeding adults (age classes 3 or 4+) were taken in this summer hunt.

Juvenile eiders are typically 2-3 times more vulnerable to hunting than adults (Joensen 1974). Thus, we used a vulnerability index that made hatch-year birds (age class 1) 3.5 and second-year birds (age class 2) 2.0 times more vulnerable to harvest than adults. These vulnerability indices produced an age distribution of harvested birds in the model that was similar to those reported in both Greenlandic and Canadian harvests (60% young; Frich & Falk 1997, Merkel 2004b, Gilliland & Robertson in press).

**Dispersal**

To consider how harvest levels in each of the two wintering areas could affect the overall population and each population segment individually, we included a dispersal component in the model. We assumed that adult females showed total fidelity to their breeding and wintering areas (Robertson & Cooke 1999). For young, however, the model allowed for different dispersal scenarios because it is not known how juveniles disperse to their first wintering areas. At one extreme, we assumed that juveniles wintered at the same area as their mothers (i.e. D = 0). This scenario assumes that dispersal is either culturally or genetically transmitted from the mother to the juvenile, as seen in some harlequin ducks *Histrionicus histrionicus* (Regehr et al. 2001). At the other extreme, we assumed that the probability of a juvenile dispersing to a wintering area depended on the proportion of adult females in the breeding population that came from that wintering area (D = 1). This scenario models a situation where juveniles would randomly mix with the breeding female population, and simply follow adults to their wintering grounds, as seen in mallards *Anas platyrhynchos* (Nichols & Hines 1987). We explored other scenarios by varying the dispersal factor to intermediate values, but once a juvenile wintered in an area, the model assumed that they always returned there.

**Harvest: timing and population size relationships**

We incorporated two harvest periods in the model so that we could apportion the harvest between them (i.e. ‘Fall’ before 1 January and ‘Winter’ after 1 January). In Canada, 51% of the harvest occurred before 1 January (B. Collins & H. Lévesque, Canadian Wildlife Service, unpubl. data), whereas in Greenland 41% of the harvest occurred before 1 January (Greenland Department of Fishing and Hunting, unpubl. data).

Initially, we assumed that the number of eiders harvested each year was constant. Unlike the regulated sport hunting of migratory game birds by non-aboriginal people in North America, harvests of eiders in parts of Atlantic Canada and particularly in Greenland are to some extent for subsistence, suggesting that hunters require a certain harvest each year. Further, the tendency of eiders to congregate in large flocks along coastlines (often near communities) helps ensure that hunters are efficient even if bird numbers decline. But at some low threshold harvest should eventually decline before eiders were completely extirpated, as hunter efficiency declines. We modeled this scenario by adding a term for strength of the inverse linear relationship between winter numbers and harvest, and by adjusting the threshold population size where the reduction in hunter efficiency occurred.

**Perturbation analyses and uncertainty**

As both fixed and density-dependent harvest relationships lead to changing population growth
rates over time, standard asymptotic elasticity analyses were not possible (Caswell 2001). Instead, we used perturbation analysis to estimate the relative effects of changes in the vital rates on population growth (following MacDonald & Caswell 1993, Schmutz et al. 1997). Each vital rate was reduced by 1% and the resulting population growth rate was calculated. We used a 20-year projection, extracted population size at 15 and 20 years, and calculated \( \lambda \) using the Heyde-Cohen equation (Heyde & Cohen 1985; \( \ln \lambda = (\ln N_t - \ln N_0)/t \)) based on these five years to avoid problems associated with early transient dynamics. These estimates are synonymous with lower level elasticities of the vital rates (Schmutz et al. 1997).

To explore uncertainty in harvest levels and population sizes on our general conclusions, we explored plausible harvest levels and population sizes that would lead to declining or growing populations. Plausible population sizes were based simply on the variance calculated with each estimate. For harvest, however, we felt that bias from under- or non-reporting was the most important source of uncertainty, so we assigned upper and lower ranges of what we felt the harvest could have been. For both countries, harvest is not likely to be overestimated (maximum 5%), and we decided that the harvest in Greenland could plausibly be 25% higher, while in Canada, it could be up to double the recorded values. In addition, to account for uncertainty in the vital rates used in the projection matrix, we considered scenarios where \( \lambda \) in the absence of harvest was increased to 1.089 (by raising duckling survival by 20% from 0.3 to 0.36) and reduced to 1.051 (by decreasing nest success 20% from 0.9 to 0.72).

**Results**

**Initial conditions**
In the absence of harvest, initial parameter values were set to yield a growth rate of 1.07 for all three populations with a stable age distribution, \( w \), of 0.25, 0.11, 0.07, 0.57. The reproductive value vector, \( v \), was 0.10, 0.23, 0.323, 0.35, indicating that adult females contributed about 3.5 times more to the population than juveniles each year in the model.

**Harvest**
With harvest included in the model the age distribution of birds wintering in Canada was 0.14, 0.10, 0.08 and 0.68 after 20 years and indicated a higher portion of adults in the population. Projections including harvest resulted in declines in the number of eiders wintering in Greenland (Fig. 4A). Thus, even with reproduction and survival rates set at relatively high levels for this species, the model suggested that harvest of common eiders in west Greenland is not sustainable if maintained at the levels reported during 1993-2000. Harvest would have to be reduced by approximately 40% in Greenland to halt the projected declines. The Canadian population appears to be sustainable, and at current harvest levels is projected to allow modest population growth.

The seasonality of harvest strongly influenced population projections. For eiders wintering in Canada, moving all of the harvest into the fall increased the population growth rate. In Greenland, the numbers continued to decline, but this decline occurred more slowly if the harvest occurred entirely in the fall (see Fig. 4B).

**Model structure: dispersal and density-dependent hunting**
Changes in patterns of dispersal had little impact on the overall dynamics of the two wintering populations. When dispersal was proportional to population sizes the number of Greenland wintering birds...
declined slightly faster at the expense of Canadian wintering birds. Given the lack of any significant effect on overall dynamics, dispersal was not considered further.

Adjusting the strength of harvest density-dependence and raising the threshold value at which harvest becomes density-dependent, had similar influences on the dynamics of the declining Greenland population (Fig. 5). Both increased the level and the time to reach equilibrium (see Fig. 5). However, if the threshold was too low or the strength of the density-dependence of harvest was too weak, the Greenland wintering population went extinct.

**Perturbation analyses and uncertainty**

The most sensitive component of the model was adult survival, as would be expected in a long-lived species (Nur & Sydeman 1999). A proportional change in adult survival had 7-10 times more impact on the population than a change in fecundity or immature survival rates (recognizing that adult survival rate includes the sum of the elasticities of all birds four or more years old).

Uncertainty existed in several parameter values and model assumptions; a situation shared among many sea duck species in North America. The northern common eider occurs in remote areas of the Arctic and does not follow flyways traditionally considered by waterfowl management programs in North America, making it particularly poorly known. The expense and logistical difficulties associated with Arctic field studies also explain the lack of monitoring and research efforts. In addition, harvest estimates for sea ducks are generally poor and are not precise enough for effective management (Wendt & Silieff 1986, Caithamer et al. 1998).

**Discussion**

Uncertainty existed in several parameter values and model assumptions; a situation shared among many sea duck species in North America. The northern common eider occurs in remote areas of the Arctic and does not follow flyways traditionally considered by waterfowl management programs in North America, making it particularly poorly known. The expense and logistical difficulties associated with Arctic field studies also explain the lack of monitoring and research efforts. In addition, harvest estimates for sea ducks are generally poor and are not precise enough for effective management (Wendt & Silieff 1986, Caithamer et al. 1998).
Regardless of these uncertainties, growing conservation concern necessitated evaluation of northern common eider management regimes in both Canada and Greenland (Circumpolar Seabird Working Group 1997, Sea Duck Joint Venture Management Board 2001, Hansen 2002). Here, we used a demographic model that integrated existing information of the northern common eider to 1) evaluate the sustainability of reported harvest, 2) for projected declining populations suggest harvest levels that would stabilize the populations and 3) identify and rank knowledge gaps hampering the ability to assess appropriate harvest levels. Throughout, we evaluate the role of uncertainty, in both parameter estimates and model structure, on our conclusions.

Sustainability of the eider harvest
When reported rates of harvest were introduced into the model, and despite survival and reproductive rates both set at favourable levels, the number of eiders wintering in Greenland quickly declined. This suggests that harvest of northern common eiders wintering in Greenland is not sustainable at the levels reported between 1993 and 2000, whereas the Canadian harvest apparently was close to, or below, levels that would lead to population declines. The conclusion that the Greenlandic harvest is well above sustainable levels held under a wide range of plausible population sizes and harvest levels, and only under a combination of the most favourable conditions with very high vital rates and underestimated population sizes could the Greenlandic harvest be conceivably sustained. In Canada, the model suggests that current harvest levels could be sustained, but a wide variety of conditions could lead to population declines. As one example, the model did not include stochastic events occurring naturally that could cause reduced breeding and success or increased mortality (e.g. years of heavy sea ice; Robertson & Gilchrist 1998).

This model output was generally supported by recently observed conditions. First, surveys of Greenlandic breeding colonies indicate that there has been a significant decline over the past 40 years (λ = 0.96; Merkel 2004a). Second, and in contrast, breeding numbers of eiders occurring at southern limits of the breeding range in Canada, from where eiders are assumed to winter mainly in Atlantic Canada, have increased between 1980 and 2003 (Goudie et al. 2000, Falardeau et al. 2003, Chaulk et al. 2005). Third, when harvest mortality was included, the model calculated an annual adult survival rate of 0.84 among female eiders wintering in west Greenland (see methods in Wiese et al. 2004). Survival has recently been estimated for adult female common eiders breeding in northern Hudson Bay, Canada, at 0.80 (during 1996-2005; H.G. Gilchrist & E. Reed, unpubl. data); a site where 75% of the eiders winter in Greenland (Mosbech et al. 2006). Both the survival rate generated by the model and observed at the Canadian colony suggest a declining population and are low when compared to other hunted eider populations whose adult survival rates can exceed 0.90 (Wakeley & Mendall 1976, Krementz et al. 1996, Goudie et al. 2000).

We did not include density-dependence in our model, and in so doing, assumed that all hunting mortality was additive to natural mortality. We felt this assumption was appropriate for a number of reasons. First, the population size of common eiders wintering in both Canada and Greenland appears to be much reduced from historical levels, and is well documented for Greenland (Merkel 2004a). In Canada, however, older information is sparse and not as well documented; Gillespie & Learning (1974) quote Les Tuck as suggesting up to two million eiders wintered in Newfoundland alone in the 1950s, and Gillespie (1968) reports that their visual estimates for eider flock size were seriously underestimated and that "... several hundred thousand ..." eiders wintered in eastern Newfoundland in 1968. Other studies of longer-lived species, such as geese, show that most hunting mortality is additive (Gauthier et al. 2001); especially the mortality of adults as there is little variation in adult survival to allow for compensation (Lebreton 2005). Finally, without any meaningful sense of what carrying capacity may be for eiders in the Northwest Atlantic, and which population processes regulate numbers in common eiders, we felt that modeling density-dependence would not further our understanding of the impact of harvest. However, it must be recognized that the predictions of the model are based on complete additivity, and that if some compensatory mechanisms exist at the current population sizes, then more birds could be harvested.

Dispersal
Little is known about how young disperse in many species of sea ducks, and further work is required to understand how juvenile ducks select their first wintering grounds, and how faithful adults are to these sites (Robertson & Cooke 1999). Harlequin duck females occasionally migrate with their brood to
their wintering grounds (Regehr et al. 2001), providing a mechanism for the location of the mother’s winter site to be transmitted to the young. Extensive brood parasitism, crèching and brood abandonment suggest that young eiders would not necessarily migrate with their mothers to wintering grounds. Regardless, a range of dispersal scenarios was considered in our model because dispersal provided a possible mechanism to link the sympatric populations breeding in the Canadian Arctic with those that winter in Greenland and Canada. The model suggested that dispersal of young eiders between populations did not greatly influence the overall dynamics in the model, and that an intensive Greenland harvest will not strongly affect eiders that both breed and winter in Canada. Similarly, a conservative harvest management regime in Canada that results in an increasing Canadian winter population is not likely to increase numbers of eiders wintering in Greenland.

Timing of harvest
Our model indicated that a late winter harvest would have a greater effect on populations than early winter harvest, although the level of this effect depended on population size and the number of birds harvested. This occurred because harvests later in the winter are taken from a smaller population reduced by natural mortality, resulting in a higher harvest rate (the proportion of birds harvested in the population). However, under the current Greenlandic harvest levels, a shift from late to early winter harvest only slowed the inevitable declines. Adjusting the timing of harvest could be a more useful management tool when harvest levels are closer to sustainable levels and earlier harvests could help to ensure that harvest levels remain below sustainable levels.

A summer harvest will have the greatest detrimental effect on populations because it targets the adult cohort which has the highest reproductive value. The harvest of adult northern eiders during summer has extirpated regional breeding populations in both Arctic Canada (Cooch 1986), and west Greenland (Salomonsen 1951, Merkel 2002). Despite the potential effect of summer harvest, it was numerically small and so had little influence on the overall trajectories of the populations.

Conservation implications
At some low population size, harvest of eiders should decrease when it becomes difficult for hunters to encounter and kill them. In the model, the level at which eider numbers stabilized was a function of where we arbitrarily set the level of this density-dependence. The sooner harvest became proportional to population size (i.e. a rate) rather than a fixed number, the higher the equilibrium population size became. Complete extirpation of a wild population is unlikely to occur from harvest alone (but see Rosser & Mainka 2002). In many cases, natural refuges exist where remnants of a population can persist in areas inaccessible to hunters (Merkel 2004b). However, populations can be driven to extremely low levels before the equilibrium between population size and harvest levels is reached (Ludwig et al. 1993), and clearly, a population that persists at low equilibrium levels is an undesirable outcome of harvest. Small wildlife populations are also more vulnerable to stochastic environmental and demographic events that increase mortality or reduce natality (Lande 1993).

Recommendations
It is often recommended that harvest levels should be adjusted each year in relation to population size and the yearly production of young (Hilborn & Walters 1992). However, this management approach is only possible if good annual estimates of harvest, population size and annual production exist, as is the case for many North American and European waterfowl species. This is not feasible for northern eiders breeding in Arctic Canada and west Greenland due largely to the expense and logistical complexity of monitoring this remote population.

Northern common eiders in west Greenland, which apparently consists of ~90% Canadian breeding birds, remain one of the most heavily hunted bird species in Greenland (Piniarneq 2003); perhaps because eiders occur in concentrated flocks at predictable locations and in close proximity to coastal communities (Merkel 2004a). Despite a lack of information and infrequent population surveys, our findings suggest that there is an urgent need to prevent declines projected by the model. The model indicates that the most efficient way to do so is to lower adult mortality by reducing harvest levels in Greenland by at least 40%, particularly in spring. However, given the continued uncertainty associated with some estimates of population size and harvest, we cannot yet determine precise harvest...
levels that would allow eider populations to be maintained or to grow.

Favourable vital rates were used in the model, and eiders can show successive years of high population growth in certain conditions (e.g. Coulson 1984, Chaulk et al. 2005). However, other factors not yet considered in this model could lower calculated sustainable harvest levels even further (Fieberg & Ellner 2001). For example, environmental factors such as heavy sea ice conditions in winter could lower juvenile and adult survival rates (Robertson & Gilchrist 1998). Occasionally, breeding failure occurs among common eiders, particularly at high latitudes (Goudie et al. 2000), and this, or any other, source of stochasticity can reduce intrinsic growth rates further (Tuljapurkar 1997). Given these uncertainties, conservative harvest rates lower than those generated by the model should be sought, particularly in Greenland where a number of professional hunters rely on eider ducks for food and income (Christensen 2001, Pars et al. 2001), and where they have few economic alternatives if sources of wild meats are extirpated.

Recently, the Greenland Home Rule has decided to take action on the recommendation to reduce the spring harvest of eiders. Over the period 2002-2004 new bird hunting regulations were introduced in Greenland. Among other things, eider hunting in March and April was prohibited, and it appears that harvest levels are now declining (Piniarneq 2007). If future years confirm this development we recommend that the current modelling exercise be repeated to revise projections and to evaluate sustainability based on the new harvest levels. Ideally, more data will be available from breeding grounds in Greenland and Canada at this point, including population growth rates, making it possible to compare growth rates projected by the model and growth rates measured in the field.

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