Long-term trends in abundance and breeding success of red grouse and hen harriers in relation to changing management of a Scottish grouse moor

Sonja C. Ludwig, Staffan Roos, Damian Bubb and Dave Baines

Large areas of heather moorland in the British uplands are managed for shooting red grouse *Lagopus lagopus scotica*. However, there has been a long-standing conflict between grouse moor management and the conservation of raptors, particularly the hen harrier *Circus cyaneus*. Langholm Moor, a grouse moor in southwest Scotland, has hosted studies aiming to resolve this conflict for 24 years. Between 1992 and 1997, whilst managed as a grouse moor, hen harrier numbers increased from two to 20 breeding females, and raptor predation removed large proportions of both adult grouse and chicks. As driven shooting was no longer viable, grouse moor management ceased in 1999, and was not restored until 2008. This paper considers how cessation and subsequent restoration of grouse moor management, which involved heather management and legal control of generalist predators, affected the abundance and breeding success of red grouse and hen harrier, as well as the abundance of their perceived key predators; red fox *Vulpes vulpes* and carrion crow *Corvus corone*. Grouse moor management had a positive effect on abundance and breeding success of grouse and harriers, which were two- to three-fold higher when fox indices and crow abundance were reduced by 50–70%. Fox indices were negatively correlated with red grouse density and harrier breeding success, whereas crows were negatively correlated with grouse breeding success.

This study confirms that both grouse and harriers can benefit from grouse moor management, if harriers are not persecuted. However, restoration of grouse moor management, in combination with diversionary feeding of harriers, has not yet resulted in a sufficiently increased grouse density to allow driven shooting on Langholm Moor, and thus the management to be considered as economically viable.

Heather *Calluna vulgaris* moorland is an internationally important habitat of high conservation importance, and in Europe its distribution is largely restricted to Britain and Ireland (Thompson et al. 1995, Thirgood et al. 2000a). In the British uplands, large areas of heather moorland are privately owned and managed for red grouse *Lagopus lagopus scotica* shooting, which can provide both economic and ecological benefits (Sotherton et al. 2009). On grouse moors, open heather moorland is maintained by rotational burning and sheep grazing, whilst legal control of generalist predators (e.g. red fox *Vulpes vulpes* and carrion crow *Corvus corone*) can benefit other ground-nesting upland birds, e.g. curlew *Numenius arquata* and golden plover *Pluvialis apricaria* (Tharme et al. 2001, Baines et al. 2008, Fletcher et al. 2010, Douglas et al. 2014).

However, there has been a long-standing, contentious conflict between grouse moor management and the conservation of raptors in Britain, and patterns of illegal persecution of raptors have been associated with the distribution of grouse moors (Green and Etheridge 1999, Whitfield et al. 2003, 2004, Amar et al. 2012). This conflict has focused particularly on the hen harrier *Circus cyaneus* (Thirgood and Redpath 1999, 2008). Despite legal protection since 1954, the abundance and distribution of harriers is still limited by illegal killing on grouse moors (Etheridge et al. 1997, Green and Etheridge 1999, Sim et al. 2007) due to their ability to limit grouse numbers and reduce shooting bags to an extent whereby shooting becomes unviable (Redpath and Thirgood 1997, 1999, Thirgood et al. 2000b). The abandonment of grouse shooting may not only lead to the cessation of predator control, and the benefit for other birds of conservation concern (Tharme et al. 2001, Fletcher et al. 2010, Douglas et al. 2014), but can also lead to the loss of heather moorland due to intensive sheep grazing or afforestation (Robertson et al. 2001).

Langholm Moor, a grouse moor in southwest Scotland, has hosted studies that aim to resolve raptor–grouse conflicts since 1992. Despite legal protection since 1954, it has been suggested that raptor persecution persisted on Langholm Moor until 1990 (Redpath and Thirgood 1999, Thirgood 2008). Langholm Moor Demonstration Project. This is an Open access article © 2016 Langholm Moor Demonstration Project. Accepted 19 August 2016.
Material and methods

Study area

The Langholm study area (120 km²) included most of the 76 km² Langholm–Newcastleton Hills hen harrier Special Protection Area (SPA, designated in 2001) and Site of Special Scientific Interest (SSSI, designated in 1985 for the upland breeding bird and habitat assemblage). The vegetation is dominated by heather moorland, blanket bog and acidic grasslands. Historically, Langholm was managed for ‘driven’ grouse shooting (see Sotherton et al. 2009 for a detailed description of shooting styles). Grouse bags at Langholm have followed quasi-cyclical fluctuations in numbers, which have been linked to both intrinsic and extrinsic mechanisms (reviewed by Martinez-Padilla et al. 2013), with on average 1815 (±176 SE) birds shot per annum between 1950 and 1996, after which shooting ceased (Fig. 1). Before the Second World War grouse bags fluctuated on an even higher level, and the available bag records for one part of the moor showed a significant long-term decline of 1.7% per annum between 1913 and 1990 (Redpath and Thirgood 1997). Between 1950 and 1990, grouse bags for the whole moor showed a similar, but non-significant, decline of approximately 1.3% per annum (Redpath and Thirgood 1997). The loss of nearly half of the heather-dominated moorland to grass following overgrazing by sheep during the same period may have contributed to this long-term decline, whereas grouse bags between 1991 and 1996 were reduced by increasing raptor predation (Redpath and Thirgood 1997).

During the study period (1992–2015), the moor was subject to the cessation and subsequent restoration of grouse moor management. Up to 1999 and then from 2008–2015 the moor was managed by a team of five gamekeepers, who burned the heather to generate fresh heather growth for the benefit of grouse, and legally controlled generalist predators such as red fox, corvids (excluding raven Corvus corax and chough Pyrrhocorax pyrrhocorax), stoat Mustela erminea and weasel Mustela nivalis, on the whole study area. In an attempt to reduce predation of grouse chicks by harriers, half of the harrier nests were supplied with diversionary food in 1998–1999 (Redpath et al. 2001), which was extended to all nests from 2008 onwards. In addition to heather burning, sheep grazing was reduced on 6600 ha from 2011 onwards, and heather was reseeded on a further 300 ha in 2009 and 2010. Between 2008 and 2013/14, the gamekeepers used medicated grit to help control the parasitic nematode Trichostrongylus tenuis in grouse and thus to prevent quasi-cyclical grouse population crashes (Hudson et al. 1998, Newborn and Foster 2002). In the intermediate years, 2000–2007, the moor was not managed for grouse shooting. Sheep grazing was the primary land-use and generalist predators were no longer routinely controlled, although some limited heather burning and legal predator control took place (Baines et al. 2008).

Monitoring

Red grouse were counted twice a year on ten 0.5 km² count areas, in March/early April to estimate pre-breeding densities (birds km⁻²) and in July/early August to estimate post-breeding densities (birds km⁻²) and breeding success (mean young per adult). Within each count area, the observer walked along parallel transects 150 m apart, whilst a pointing dog quartered the ground on either side of the transect. Spring counts were not conducted in 2001 due to foot and mouth disease in livestock, which prevented access to the moor.

Hen harrier nests were located in April–June by observing displaying birds, nest-building, prey transports and food-passes (Hardey et al. 2013). All nests were visited at least three times: during incubation to record clutch size, within a week after hatching to record the number of chicks hatched, and shortly before fledging to record the number of chicks reared. As hen harriers can be polygamous, i.e. one male can have more than one female, breeding success was calculated as young fledged per breeding female. We also determined the proportion of successful breeding attempts, i.e. those which fledged at least one chick.

Carrion crow abundance was estimated annually within 15 1 km² squares distributed across the study area. Within each square the observer walked two parallel 1 km transects, each 250 m from the side of the square and thus separated by 500 m, recording all birds seen or heard (Thirgood et al. 1995). Counts were conducted between mid-May and mid-June. From 2003 onwards, a second (early) visit between mid-April and mid-May was included to ensure compatibility with the Breeding Bird Survey (BBS) guidelines (Harris et al. 2015). However, as the annual crow indices between the two visits were highly correlated (rₚ = 0.798, p < 0.001, n = 13), the abundance indices were calculated as the
number of crows encountered per km during the late visit throughout the whole study period.

From 2003 onwards, an index of red fox activity was estimated annually from surveys of scats along transects (2003–2007: three transects, 2008–2010: five transects, 2011–2015: six transects). Each transect was approximately 10 km long and surveyed four times, with a clear-up round in March and three repeat surveys in monthly intervals. From 2013 onwards, only one repeat survey was conducted in May. To adjust for variation in transect length and interval between consecutive surveys, the number of scats found during the repeat surveys, excluding those found on the clear-up round, was divided by total transect length and the exposure period in days (i.e. the time interval between the end of the clear-up round and the final visit). As there was a strong positive correlation between the scat indices from the three original transects only and from all six transects ($r_s = 0.989$, $p < 0.001$, $n = 13$), we used data from all six transects in years when they were available. The indices were presented as the average number of scats/km/10 days.

The average number of foxes and crows killed each year in the study area by gamekeepers was recorded. Although some casual predator control was carried out during the unmanaged period, there were no records available.

**Statistical analysis**

We defined ‘period’ as a factor with three levels (1 = 1992–1999, managed; 2 = 2000–2007, unmanaged; 3 = 2008–2015, managed). For each period, we calculated the average abundance of hen harrier, red grouse and carrion crow, and fox for the last two periods. As red grouse spring counts in 2008 were conducted before predator control resumed, that count was assigned to the unmanaged period (‘period’: 2 = 2000–2008, 3 = 2009–2015). Changes in species abundance in relation to presence or absence of grouse moor management were tested using either general or generalised linear models (GLM) with abundance indices as dependent variables and ‘period’ as factor. Grouse density was analysed using a normal distribution, and harrier abundance using a Poisson distribution with a log link. To analyse fox indices, we used the average number of foxes and crows killed each year in the study area by gamekeepers was recorded. Although some casual predator control was carried out during the unmanaged period, there were no records available.

To analyse fox indices, we used the $\text{ln}(\text{young/adult grouse})$ or $\text{ln}(\text{young/female harrier})$ as the dependent variables using a normal distribution and an identity link function and ‘period’ as a factor. To test for correlation between grouse and harrier productivity we calculated Pearson’s correlation coefficient. To compare the proportion of successful harrier breeding attempts between managed and unmanaged periods we used logistic regression with ‘success’ as the dependent variable, using a binomial distribution and a logit link function, and ‘period’ as factor.

To estimate the impact of foxes and crows on abundance and productivity of grouse and harriers we used GLMs with fox and crow indices each in turn as co-variates. Grouse densities and breeding success of grouse and harrier were analysed using a normal distribution, and harrier abundance using a Poisson distribution with a log link. When assessing the impact of crows, we also included ‘period’ as a factor and interactions between ‘period’ and crow index, however, this was not possible for foxes as the sample size during the unmanaged period was too low to obtain meaningful results. The correlation between fox and crow indices was analysed using Spearman’s correlation coefficient as these variables were not normally distributed. Statistical analyses were conducted in GenStat 17.1 (VSN International 2014), and models were adjusted for over-dispersion when necessary.

**Results**

**Predator abundance**

When the moor was managed for red grouse and generalist predators were routinely controlled, gamekeepers removed on average $187 \pm 20$ foxes and $308 \pm 18$ carrion crows per annum between 1992 and 1999, and $189 \pm 22$ foxes and $260 \pm 22$ carrion crows per annum between 2008 and 2015, i.e. $1.6 \pm 0.2$ foxes km$^{-2}$ and $2.2 \pm 0.2$ crows km$^{-2}$ (2008–2015). Accordingly, crow abundance and the fox index were three times higher during the unmanaged period than in managed periods (Table 1), although crows showed a high level of annual fluctuation throughout the study period (Fig. 2). The high fox index in 2008 reflected that predator control was not resumed until March in that year, and when excluding 2008 from the second managed period the average fox index for 2009–2015 was reduced from $0.11 \pm 0.05$ to $0.06 \pm 0.02$. Fox and crow indices were not correlated ($r_s = 0.345$, $p = 0.255$, $n = 13$).

**Table 1. Mean grouse, harrier and predator indices (± SE) during periods when the moor was managed for grouse and when it was unmanaged. $n =$ numbers of years in each period. Calculation of abundance indices varied between species: 1 count data (grouse km$^{-2}$), 2 breeding female harriers, 3 crows km$^{-1}$, 4 scat index (scats/km/10 days). Note that grouse spring density in 2008 was assigned to the unmanaged period.**

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<tr>
<td>Grouse spring$^1$</td>
<td>(7) 28.40 ± 2.88</td>
<td>(8) 11.65 ± 1.03</td>
<td>(7) 25.60 ± 2.55</td>
</tr>
<tr>
<td>Grouse July$^2$</td>
<td>(8) 58.65 ± 7.20</td>
<td>(8) 14.22 ± 1.92</td>
<td>(8) 48.60 ± 6.99</td>
</tr>
<tr>
<td>Hen harrier$^2$</td>
<td>(8) 11.25 ± 2.14</td>
<td>(8) 4.38 ± 0.94</td>
<td>(8) 3.88 ± 1.41</td>
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<tr>
<td>Carrion crow$^3$</td>
<td>(8) 0.09 ± 0.04</td>
<td>(8) 0.31 ± 0.07</td>
<td>(8) 0.15 ± 0.08</td>
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<tr>
<td>Red fox$^4$</td>
<td>N/A</td>
<td>(5) 0.31 ± 0.01</td>
<td>(8) 0.11 ± 0.05</td>
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Associations between generalist predators and red grouse and hen harrier performance

Grouse and harrier abundance

When the moor was not managed and abundance of crows and the fox index were both higher, grouse densities in spring and July were 60% and 76% lower, respectively, and the number of female harriers 61% lower than when the moor was managed (Table 1). After management was resumed in 2008, red grouse densities increased two- and three-fold, however, the average number of breeding hen harrier females remained low (Table 1).

Between 1992 and 1999 the number of breeding female harriers increased by 10 ± 3% per annum ($F_{1,6} = 12.36, \ p = 0.013$), peaking at 20 females in 1997 (Fig. 3a). Over the same period, grouse densities declined by 8 ± 2% per annum in spring ($F_{1,5} = 12.39, \ p = 0.017$, Fig. 3b) and by 9 ± 1% per annum in July ($F_{1,6} = 242.43, \ p < 0.001$). During the unmanaged period, the number of female harriers declined sharply from 2001 to 2002, then remained fairly stable for the remaining six years ($–8 ± 4\%$ per annum, $F_{1,6} = 5.40, \ p = 0.059$), whereas grouse densities in spring and July remained low, but stable (spring: $–0.7 ± 3\%$ per annum, $F_{1,5} = 0.05, \ p = 0.838$; July: $4 ± 4\%$ per annum, $F_{1,6} = 0.84, \ p = 0.396$). When grouse moor management resumed in 2008, the number of female harriers remained low at one to three until 2014, when they increased to 12 (Fig. 3a). Grouse density in spring increased until 2014, then fell sharply in 2015, resulting in an overall population increase of 8 ± 1% per annum between 2008 and 2015 ($F_{1,6} = 39.17, \ p < 0.001$). Post-breeding density followed the same pattern but on a lower level (2008–2015: 6 ± 3%, $F_{1,6} = 2.91, \ p = 0.139$).

Grouse and harrier breeding success

Grouse and harrier breeding success (Fig. 4) was two- to three-fold higher when the moor was managed (Table 2), irrespective of which management period (grouse: $t = –0.79, \ p = 0.439$; harrier: $t = 1.96, \ p = 0.064$). When managed, 80% and 78% of harrier breeding attempts fledged chicks, compared to only 39% when unmanaged (Table 2).
harriers, but harrier breeding success tended to be lower in years with higher fox indices (Table 3). There were no significant ‘period × crow’ interactions for any variable.

### Discussion

This study considers a 24-year time-series of grouse and harrier abundance and breeding success in relation to changes in grouse moor management, i.e. principally the control of generalist predators. Grouse moor management was associated with higher grouse densities and breeding success and with lower fox indices and crow abundance, as has been experimentally shown by Fletcher et al. (2010). Foxes, who predate not only eggs and chicks, but also adult grouse (Watson and Moss 2008), were negatively linked to grouse densities, whereas crows, which are mainly predators of eggs and young chicks (Watson and Moss 2008), were negatively associated with grouse breeding success, which is likely to contribute to lower post-breeding densities. This study was not experimental and simultaneous to changes in predator control there were changes in heather management, particularly burning, but also levels of sheep grazing. Furthermore, in 1998–1999 and from 2008 onwards breeding harriers were provided with diversionary food. Hence, given the design of this study it is not possible to disentangle the relative contribution of individual managements to the patterns described. It is likely that factors other than the control of foxes and crows will further explain changes in grouse breeding success and hence densities. These may include other predators such as stoat (Park et al. 2002) or raptors (Redpath and Thirgood 1999, Thirgood et al. 2000b), arthropods (Erikstad 1985, Park et al. 2001), weather (Erikstad et al. 1982, Erikstad 1985) and parasites (Newborn and Foster 2002). The low productivity and steep reduction in the post-breeding density of grouse in 2015 coincided not only with increased fox and crow indices, but also with a cold and wet spring and the discontinuation of parasite worm control in grouse.

Baines and Richardson (2013) found that cessation of grouse moor management at Langholm was associated with lower abundance and breeding success of hen harriers. Our subsequent data show that once grouse moor management was restored, harrier breeding success was restored, with on average 3.9 young fledged per female, a rate more than double the 1.8 young recorded throughout Scotland over the same period (Challis et al. 2015). Harrier breeding success at Langholm was negatively associated with fox indices, and since grouse moor management was re-established in 2008, no harrier nests have failed due to fox predation, whereas during the unmanaged period 33% of the failed breeding attempts (n = 24) showed signs of fox predation (Baines and Richardson 2013). Predation by foxes was also the main cause for harrier nest failure on the Isle of Skye (McMillan 2014). However, Green and Etheridge (1999) did not find any beneficial effect of fox control on harrier breeding success, probably because fox control in many places coincided with human interference (i.e. killing and nest destruction) with hen harriers during the breeding season.

Provision of diversionary food might have also contributed to high breeding success at Langholm (González et al. 2006, Byholm and Kekkonen 2008, Rooney et al. 2015), and was associated with harriers fledging on average one chick more than during the earlier managed period, when broods were largely unfed. However, this tendency contrasts with the experiment by Redpath et al. (2001), who found no benefit of feeding to breeding success. Despite high breeding success, numbers of female harriers only started to recover six years after grouse moor management was resumed in 2008. As hen harriers show only low rates of philopatry (Watson 1977, Picozzi 1978, Etheridge et al. 1997), changes in their breeding abundance are perhaps unlikely to be determined by local breeding success, but more by external recruitment, which is influenced by the abundance of voles Microtus agrestis and meadow pipits Anthus pratensis, their preferred prey (Redpath and Thirgood 1999, New et al. 2011). Thus, the delay in population recovery at Langholm may have been associated with large-scale variation in the abundance of these prey species, or with high persecution rates elsewhere (Etheridge et al. 1997, Green and Etheridge 1999), which reduces potential recruits. Nevertheless, the increase in the number of breeding females at Langholm in 2014 is in contrast to lack of change in home ranges occupied between 2008 and 2014 for Scotland as a whole (1 ± 2%, F1,5 = 0.46, p = 0.529) (data in Challis et al.

### Table 2. Average breeding success (± SE) for red grouse (young/adult in July) and hen harrier (fledged young/female, % successful breeding attempts) in managed and unmanaged periods.

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<tr>
<td>Red grouse</td>
<td>1.74 ± 0.15</td>
<td>0.88 ± 0.14</td>
<td>1.61 ± 0.28</td>
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<tr>
<td>Hen harrier (young/female)</td>
<td>2.50 ± 0.41</td>
<td>1.21 ± 0.28</td>
<td>3.94 ± 0.44</td>
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<tr>
<td>Hen harrier (% successful)</td>
<td>80% (n = 93)</td>
<td>39% (n = 32)</td>
<td>78% (n = 32)</td>
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Figure 4. Annual variation in breeding success of red grouse (young/adult) and hen harrier (young/female). The dotted vertical lines separate the three periods (managed – unmanaged – managed).
Table 3. Relationships between fox and crow indices and abundance and productivity of red grouse and hen harrier. Values are parameter estimates ± SE, n = number of years.

<table>
<thead>
<tr>
<th></th>
<th>Fox index (n = 13)</th>
<th>Crow index (n = 24)</th>
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<tbody>
<tr>
<td>Red grouse</td>
<td></td>
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<tr>
<td>Spring density</td>
<td>–46.8 ± 10.7, F₁,₁₁ = 18.99, p = 0.001</td>
<td>–10.1 ± 10.4, F₁,₁₀ = 0.94, p = 0.343</td>
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<td>July density</td>
<td>–132.9 ± 22.8, F₁,₁₁ = 33.96, p &lt; 0.001</td>
<td>–49.4 ± 25.2, F₁,₁₂ = 3.84, p = 0.063</td>
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<td>Productivity</td>
<td>–1.7 ± 0.9, F₁,₁₁ = 3.44, p = 0.091</td>
<td>–1.2 ± 0.5, F₁,₁₂ = 5.61, p = 0.027</td>
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<tr>
<td>Hen harrier</td>
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<tr>
<td>Breeding females</td>
<td>–1.6 ± 1.6, F₁,₁₁ = 1.06, p = 0.326</td>
<td>–0.4 ± 0.9, F₁,₁₂ = 0.18, p = 0.674</td>
</tr>
<tr>
<td>Productivity</td>
<td>–2.2 ± 1.0, F₁,₁₁ = 4.59, p = 0.055</td>
<td>–0.7 ± 0.5, F₁,₁₂ = 1.71, p = 0.205</td>
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2015). Our results support the hypothesis of Baines and Richardson (2013) that legal control of generalist predators on grouse moors can benefit breeding hen harriers, if they are left undisturbed, although on a larger scale this positive effect might still be out-weighed by the negative effects of persecution (Green and Etheridge 1999).

Predation of grouse by hen harriers can limit grouse populations (Thirgood and Redpath 2000), hence mitigation methods are needed to resolve the existing conflict (Thirgood et al. 2000b). Provision of diversionary food has been used at Langholm alongside predator control and habitat restoration since 2008. Despite this, the observed recovery rate of grouse has been low, especially when compared with rates at other studies, but where raptor indices were lower than at Langholm (Fletcher et al. 2010). Apart from hen harriers, Langholm Moor is used by a whole suite of other raptors, including the “avian specialists” peregrine *Falco peregrinus* and goshawk *Accipiter nisus*, which have a high proportion of gamebirds in their diet (Valkama et al. 2005). In addition, Langholm Moor has a population of 12–15 common buzzard *Buteo buteo* pairs, which also have gamebirds as part of their diet, albeit to a lower extent than hen harriers, peregrines and goshawks (Valkama et al. 2005, Park et al. 2008). 69% of grouse carcasses found on Langholm Moor from 2008 onwards showed signs of raptor predation, but as it is difficult to separate signs of the different species (Thirgood et al. 1998) the relative importance of individual raptor species as well as the proportion of depredated and scavenged red grouse is unknown.

Between 2008 and 2015, approximately £225 000 (ca €290 000) per year were invested into moorland management at Langholm, although this figure does not include additional costs for fencing, new tracks or heather reseeding. However, the current degree of predator control and habitat restoration, in combination with diversionary feeding of hen harriers, has to-date not resulted in a sufficiently high grouse density to recommence driven shooting (Elston et al. 2014) and thus the management to become economically viable. Therefore, an adequate solution to resolve the existing conservation conflict still remains to be found, and ongoing analyses will consider which factors were most important in preventing full grouse recovery.

Managing conservation conflicts is often hindered by disagreement over objectives, and needs to integrate not only conservation but also social and economic aspects (Redpath et al. 2013). Some stakeholders are in favour of less intensive grouse management (Thompson et al. 2009). However, this may render commercial shooting at the current levels observed in Britain uneconomic as well as have impacts on some bird species positively associated with grouse moors (Tharme et al. 2001, Baines et al. 2008, Fletcher et al. 2010) and local economies (Sotherton et al. 2009). Other stakeholders favour a more interventional management of protected raptors, which may not only increase densities of gamebirds but may also benefit other bird species. However, any solution to resolve the conflict between raptor conservation and shooting interests is likely to include some compromise.

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