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Authors: Goldman, Cinthia G., Loureiro, Julio D., Quse, Viviana, Corach, Daniel, Calderon, Enrique, et al.

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## Evidence of *Helicobacter* sp. in Dental Plaque of Captive Dolphins (*Tursiops gephyreus*)

Cynthia G. Goldman,<sup>1,6</sup> Julio D. Loureiro,<sup>2,3</sup> Viviana Quse,<sup>2,3</sup> Daniel Corach,<sup>4</sup> Enrique Calderon,<sup>2</sup> Ricardo A. Caro,<sup>1</sup> José Boccio,<sup>1</sup> Sergio Rodríguez Heredia,<sup>2</sup> María B. Di Carlo,<sup>5</sup> and Marcela B. Zubillaga<sup>1,1</sup> Radioisotope Laboratory, School of Pharmacy and Biochemistry, University of Buenos Aires, Buenos Aires, Argentina; <sup>2</sup> Mundo Marino Foundation, San Clemente del Tuyú, Argentina; <sup>3</sup> Mundo Marino Oceanarium, San Clemente del Tuyú, Argentina; <sup>4</sup> DNA Fingerprint Gene Service and Genetics and Molecular Biology Department, School of Pharmacy and Biochemistry, University of Buenos Aires, Buenos Aires, Argentina; <sup>5</sup> Clinical Biochemistry Department, School of Pharmacy and Biochemistry, University of Buenos Aires, Buenos Aires, Argentina; <sup>6</sup> Corresponding author (email: cgold@ffyba.uba.ar)

**ABSTRACT:** Gastrointestinal lesions have been extensively reported in wild and captive marine mammals. However, their etiology remains unclear. In humans and other animals, chronic gastritis and peptic ulcers have been associated with *Helicobacter* sp. Therefore, the aim of our study was to investigate the presence of *Helicobacter* sp. in the gastric juice, dental plaque, and saliva of marine mammals living in a controlled environment. Five dolphins (*Tursiops gephyreus*), one killer whale (*Orcinus orca*), one false killer whale (*Pseudorca crassidens*), three sea lions (*Otaria flavescens*), two elephant seals (*Mirounga leonina*), and two fur seals (*Arctocephalus australis*) were studied. Saliva, dental plaque, and gastric juice samples were examined for *Helicobacter* sp. using polymerase chain reaction. None of the gastric juice or saliva samples were positive for *Helicobacter* sp. However, *Helicobacter* sp. DNA was detected in dental plaque from two dolphins, suggesting the oral cavity might be a reservoir of this bacterium.

**Key words:** Dental plaque, dolphins, gastritis, *Helicobacter*, marine mammals, oral cavity.

Discovery of *Helicobacter pylori* in human gastric biopsies represented a revolution in understanding gastroduodenal disease (Marshall and Warren, 1984) and demonstrated that most of these conditions are infectious diseases. *Helicobacter pylori*, a Gram negative, microaerophilic bacterium, is involved in the development of gastroduodenal lesions and is strongly associated with gastric adenocarcinoma in humans (Blaser, 1996; Dunn et al., 1997). *Helicobacter pylori* and other *Helicobacter* spp. also occur in gastrointestinal lesions in animals (Fox and Lee, 1997; Neiger et al., 1998). Isolation of *H. pylori* from feline gastric fluid, saliva, and feces suggest-

ed that transmission of the infection to humans might occur (Fox et al., 1996).

Gastritis and peptic ulcers have been reported in wild dolphins and in marine mammals living in controlled environments. In the southwest Atlantic Ocean, digestive tract disease was reported in 20% of the species of wild marine mammals examined (Loureiro et al., 1996a), however, the etiology of those lesions was unclear. Stress, parasitic infections, consumption of foreign objects, and/or high concentrations of dietary histamine intake have been suggested as causes (Sweeney and Ridgway, 1975). Recent isolation of *Helicobacter* sp. from gastric mucosa of dead dolphins suggests an infectious etiology for gastric ulcers in marine mammals (Harper et al., 2000). The aim of our study was to investigate the presence of *Helicobacter* sp. in the gastric juice, saliva, and dental plaque of captive marine mammals with and without clinical signs compatible with gastritis.

Thirteen marine mammals living in the Mundo Marino Oceanarium (San Clemente del Tuyú, Argentina; 36°18'S, 56°46'W) and one living in the Rehabilitation Centre of Mundo Marino Foundation (San Clemente del Tuyú, Argentina) were studied for the presence of *Helicobacter* sp. (Table 1). All animals except an elephant seal (*Mirounga leonina*) from the Rehabilitation Centre, had been trained for collection of medical samples. Animals at the Oceanarium were clinically examined for 1 yr prior to the start of this study. Clinical evaluation consisted of detailed observations of behavior and periodic examination

TABLE 1. Marine mammals studied and results of PCR on samples from the stomach and oral cavity.

Species	Age (yr)	Sex <sup>a</sup>	Weight (kg)	Length (m)	Gastritis <sup>b</sup>	Sample <sup>c</sup>	PCR results <sup>d</sup> (DP)
Dolphin ( <i>Tursiops gephyreus</i> )	15	F	296	3.07	–	GJ, S, DP	–
	19	F	312	3.10	–	GJ, S, DP	–
	5	M	306	2.80	+	GJ, S, DP	+
	18	F	314	3.11	+	GJ, S, DP	+
Killer whale ( <i>Orcinus orca</i> )	19	M	420	3.20	–	GJ, S, DP	–
	11	M	2,300	5.30	–	GJ, S, DP	–
False killer whale ( <i>Pseudorca crassidens</i> )	1	M	ND	2.73	–	GJ, S	ND <sup>e</sup>
Sea lion ( <i>Otaria flavescens</i> )	8	F	97	1.70	–	S	ND
	23	F	120	1.78	–	GJ, S, DP	–
Fur seal ( <i>Arctocephalus australis</i> )	15	F	104	1.80	–	GJ, S	ND
	17	M	84	1.62	–	GJ, S, DP	–
Elephant seal ( <i>Mirounga leonina</i> )	11	F	43	1.21	–	GJ, S, DP	–
	17	M	ND	3.71	–	GJ, S, DP	–
	0.25	M	50	1.30	–	GJ, S	ND

<sup>a</sup> F = female, M = male.

<sup>b</sup> Clinical evidence of gastritis present (+) or not present (–).

<sup>c</sup> GJ = gastric juice, S = saliva, DP = dental plaque.

<sup>d</sup> Negative for all gastric juice and saliva samples.

<sup>e</sup> ND = not determined.

of gastric contents to determine if clinical signs could be related to gastric disease (Table 1). Gastritis in cetaceans is characterized by inappetence, lack of interaction with other mammals and trainers, anorexia, abdominal tenderness, depression, and occasional unresponsiveness (Sweeney and Ridgway, 1975). In pinnipeds, the signs of gastroduodenal inflammation include chronic variability in food intake, depression, reduction in activity, tucked-up body posture while in water and on land, and reluctance to enter water (Sweeney, 1990).

Cetaceans were fasted for 14–16 hr and pinnipeds for 8–14 hr before samples were taken. Saliva was collected from the oral cavity using sterile plastic pipettes and by swabbing buccal mucosal surfaces with sterile cotton applicators. Dental plaque samples were removed from the tooth surfaces with a sterile periodontal curette. Gastric juice was aspirated from the stomach by gastric intubation.

Samples were processed within 1 hr after being collected. An aliquot of gastric juice was separated for physicochemical,

macroscopic, and microscopic examination. Gastric juice samples were then filtered and immediately buffered to neutral pH with an equal volume of Tris/HCl (0.67 M, pH 7.4). Each neutralized gastric juice sample was concentrated by centrifugation at 11,000×G and supernatants removed. Gastric juice pellets, saliva, and dental plaques received 0.5 ml of extraction buffer (10 mM Tris HCl [pH 7.4], 10 mM EDTA, 100 mM NaCl, 2% sodium lauryl sulphate) containing proteinase K (final concentration 100 µg/ml), and the mixtures were incubated at 55 C overnight. For DNA extraction, an equal volume of phenol saturated in Tris HCl and stabilized with α-hydroxyquinaline was added and the samples were centrifuged at 3,500×G for 10 min. The upper aqueous layer was recovered, and an equal volume of chloroform:isoamyl alcohol (24:1; vol/vol) was added. The samples were centrifuged at 3,500×G for an additional 10 min. To concentrate DNA, the upper aqueous layer was transferred into the sample reservoir of a Microcon®-100 (Amicon, Millipore

Corp., Bedford, Maryland, USA), following manufacturer's instructions.

Polymerase chain reaction (PCR) was carried out with two primers, EHC-U and EHC-L (Li et al., 1995), which amplified a 417 base pair fragment from 860-bp DNA of *H. pylori*. Its sequences (expressed 5' to 3') were as follows: EHC-U (CCCTCACGCCATCAGTCCCCAAAA) and EHC-L (AAGAAGTCAAAAACGCCCAAAAC). Amplification was carried out in a total volume of 30  $\mu$ l containing PCR buffer (50 mM KCl, 10 mM Tris HCl [pH 9.0 at 25 C] and 0.1% Triton<sup>®</sup>-X100), 1.5 mM MgCl<sub>2</sub>, 200  $\mu$ M (each) deoxynucleotides, 0.75 U of *Taq* polymerase (Promega Corp., Madison, Wisconsin, USA), 0.5  $\mu$ M each oligonucleotide primer, and 10  $\mu$ l of DNA template. Thirty cycles of amplification were performed with an automatic thermal cycler (PCR 9600 System, Applied Biosystems, Foster City, California, USA). Each cycle consisted of a 45 sec denaturation step at 94 C, a 30 sec annealing step at 59 C, and a 45 sec extension step at 72 C. The final cycle included extension for 10 min at 72 C to ensure full extension of the product. The completed reactions were analyzed by electrophoresis of a 10  $\mu$ l aliquot through 1.5% (wt/vol) agarose gel stained with ethidium bromide, and the bands were visualized by excitation under UV light. Purified DNA from *H. pylori* (ATCC 43504D) was employed as a positive control and it was amplified as described above. As a negative control, a reaction mixture containing distilled water in place of the DNA sample was included with each batch.

Color and pH of gastric juice samples were in the normal range for each species (Loureiro et al., 1996b). The gastric juice samples were negative for parasites, and no evidence of inflammation or hemorrhage was observed by microscopic examination.

Gastric juice and saliva samples were negative for *Helicobacter* sp. DNA by PCR analysis. However, by PCR amplification two (20%) of 10 dental plaque samples



FIGURE 1. Polymerase chain reaction products from dental plaque samples from marine mammals using the primers EHC-U and EHC-L. Lane M: 100-bp ladder, lane 1: *Helicobacter pylori* (ATCC 43504D) positive control, lane 2: negative control, lanes 3–12: dental plaque samples from marine mammals examined in this study, lanes 5–6 from dolphins (*Tursiops geophysreus*).

were positive for *Helicobacter* sp. DNA (Fig. 1; Table 1).

The primers EHC-U and EHC-L we used are considered highly specific for identification of *H. pylori* (Li et al., 1993, 1995; Song et al., 1999). Nevertheless, their specificity for *H. pylori* in animal species which may carry novel *Helicobacter* spp. closely related to *H. pylori* has not yet been determined. For this reason, further research should be performed to confirm the species of *Helicobacter* found in the dental plaque of dolphins.

The positive PCR results from dental plaque were obtained from dolphins with clinical signs compatible with gastritis during the year before this study was conducted. These dolphins were receiving an antacid treatment. Negative results from the gastric juices are not surprising; antacids may inhibit *Helicobacter* spp. growth and PCR (Wadowsky et al., 1994; Nakao and Malfertheiner, 1998).

The mode of transmission of *H. pylori* infection among humans remains unclear. Due to the fact that *H. pylori* has been isolated from human saliva, dental plaque, and feces, oral-oral and fecal-oral transmission have been suggested (Li et al., 1996; Oshowo et al., 1998; Song et al., 1999). The oral cavity may be a reservoir of this bacterium (Thomas et al., 1997). However, other authors maintain that *H.*

*pylori* is present in the oral cavity due to regurgitation of contaminated gastric juice (Madinier et al., 1997). Our finding of *Helicobacter* sp. in dental plaque samples of dolphins suggests that an oral location of this bacterium might occur in species other than humans.

To our knowledge, this is the first report of *Helicobacter* sp. in the dental plaque of dolphins. More research is required to understand the role of *Helicobacter* sp. in gastrointestinal diseases in marine mammals and to clarify its role in the oral cavity.

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